

The Fresh Fish Shop, Popular Fish & Shellfish (Fish prices & provenance are subject to change)

Salmon fillet Loch Duart	£19.95kg
Cod fillet	£16.50kg
Monkfish tail	£26.40kg
Haddock	£16.50kg
Seabass whole (300-400g)	£4 each / 3 for £10
Seabass whole (400-600g)	£5 each / 2 for £9.50
Seabass fillets (110-140g)	£3 each / 4 for £10
Seabass fillets (140-180g)	£4.50 each / 3 for £11.80
Hake fillet	£16.95kg
Mackerel whole	£7.70kg
John Dory	£16.50kg
Rainbow Trout.....	£9.90 kg
Sardines fillets.....	75p each / 8 for £5
Seabream whole (300-400g)	£4 each / 3 for £10
Seabream whole (400-600g)	£5 each / 2 for £9.50
Seabream fillets (110-140g)	£3 each / 4 for £10
Seabream fillets (140-180g)	£4 each / 3 for £10.80
Tuna loin	£26.90kg
Swordfish loin	£23.90kg
Halibut loin	£36.90kg
Dover Sole	£24.20kg
Plaice whole	£7.95kg
Plaice fillet	£16.50kg
Turbot whole	£22kg
Lemon Sole	£16.50kg
Squid	£16.50kg
Skate wing	£16.50kg
Octopus	£12.10kg
Cuttlefish	£13.20kg
Wild King Prawns (10/20s)	£35.20kg
King Prawns (30/40s)	£26.40kg
Live Lobster	£32kg
Cooked Lobster	£36kg
Live Crab	£12kg
Cooked Crab	£14kg
Oysters (box of 25)	£18.50 or 95p each
Scallops	£32.50kg
Mussels	£5.50kg
Palourde Clams	£12.10kg

Seafood Delicatessen

Dressed Crab	£5.00 each / 2 for £9.50
Smoked Haddock	£16.50kg
Manx Kippers	£1.50 each / 2 for £2.80
Pickled Herrings	£4.50
Brown Shrimp (230g)	£4.50
Honey Glazed Hot Smoked Salmon	£26.80kg
Smoked Salmon sliced (454g)	£9.95
Smoked Salmon long slice (1kg approx)	£18.50kg
Smoked Salmon Trimmings (250g)	£2.95
Gravalax (200g)	£5.95
Smoked Trout (125g)	£3.95
Smoked Halibut (200g)	£8.95
Smoked Swordfish/Tuna (100g)	£9.95
Smoked Eel (200g)	£9.95
White Crab meat (224g)	£10.50
Crab meat 50:50 (224g)	£6.95
Hand Picked Crab Claw meat (227g)	£13